

# Blessings for Apples & Honey

Contributed by [AJU Miller Intro to Judaism](#)

Source:

For Ashkenazi Jews, the primary symbolic food of Rosh Ha-Shanah is apples dipped in honey, a way of wishing for a sweet new year. Before eating apples and honey, say the following blessings:

**Barukh atah Adonai Eloheinu melekh ha'olam borei pri ha-eitz.**

*Blessed are You, God, Ruler of the universe, who creates fruit of the tree.*

**Yehi ratzon lifanecha, Adonai Eloheinu, v'Elohai avoteinu, she'te'hadesh aleinu shanah tovah u'metukah.**

*May it be Your will, Adonai our God, to grant us a good and sweet year.*